



St Peter's Subject Overview – Physical Education

Physical Education	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1 Fundamentals: Unit 1	Introduction to PE: Unit 2 Fundamentals: Unit 2	Dance: Unit 1 Ball Skills: Unit 1	Gymnastics: Unit 1 Games: Unit 1	Games: Unit 2 Ball Skills: Unit 2	Athletics (Use Year 1/2 planning)
Year 1	Fundamentals Net and Wall Games	Multi Skills (Movement) Invasion Games	Dance (Indoors) Ball Skills	Gymnastics (Indoors) Striking and Fielding Games	Rounders Dodgeball	Athletics
Year 2	Fundamentals Tennis	Multi Skills (Movement) Invasion Games	Dance (Indoors) Ball Skills	Gymnastics (Indoors) Striking and Fielding Games	Rounders Dodgeball	Athletics
Year 3	Fitness Tennis	Ball Skills Y3/4 Netball	Dance (Indoors) Hockey	Gymnastics (Indoors) Tag Rugby	Rounders Dodgeball	Athletics
Year 4	Fitness Tennis	Ball Skills Y3/4 Netball	Dance (Indoors) Hockey	Gymnastics (Indoors) Tag Rugby	Rounders Dodgeball	Athletics
Year 5	Fitness Tennis	Football Netball	Dance (Indoors) Hockey	Gymnastics (Indoors) Tag Rugby	Rounders Dodgeball	Athletics
Year 6	Fitness Tennis	Football Netball	Dance (Indoors) Hockey	Gymnastics (Indoors) Tag Rugby	Rounders Dodgeball	Athletics



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Swimming

There will also be some swimming lessons at some point during Spring 2 half term for all children in Years 3 and 4, and also for those children in Years 5 and 6, who cannot:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- and perform safe self-rescue in different water-based situations