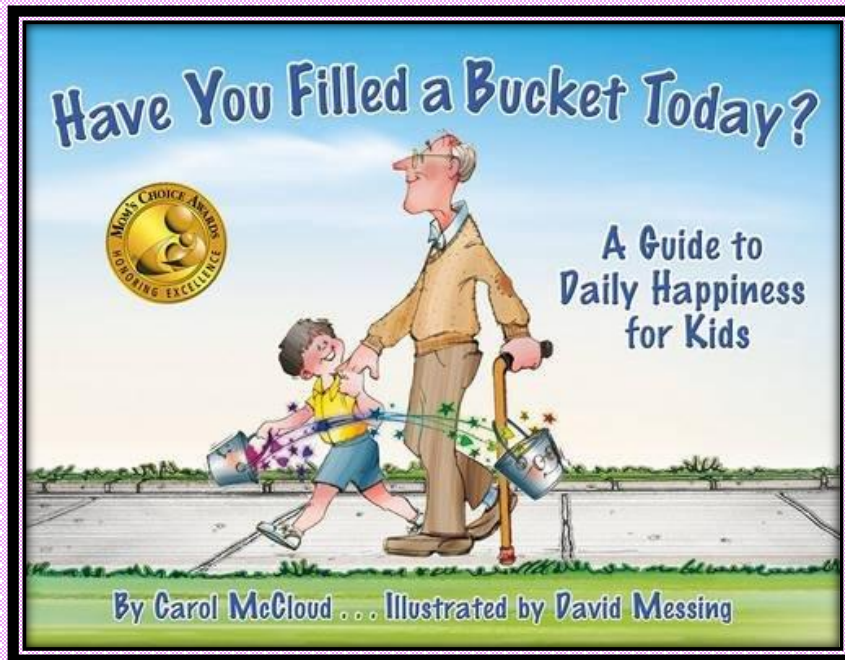


Year 1 English

Week 1



Year 1 English

Week 1

Learning overview:

- **Day 1-** To listen to a story and create a picture of myself describing how I am feeling.
- **Day 2-** To design and create my own bucket and write a list of ways I can be a bucket filler.
- **Day 3-** To write kindness postcards.
- **Day 4-** To go on a gratitude scavenger hunt.
- **Day 5-** To create a dream catcher to catch my happy thoughts and dreams. Or/ and a mindfulness calm down bottle.



Day 3

To write kindness postcards.

Day 3

Who could you write it to?

What could you say to them?



What could you thank them for?

What is something Kind you could say?

My Postcard to someone special

Dear Mum and Dad,
I wanted to send you a postcard to tell you how much I miss and love you. I hope you are safe and well in Australia and I can not wait to come and see you again.

Thank you for always looking after me so well when I was younger. If you need me to help you or listen to you please call me anytime. I am always here for you.



Lots of Love

Jessica

