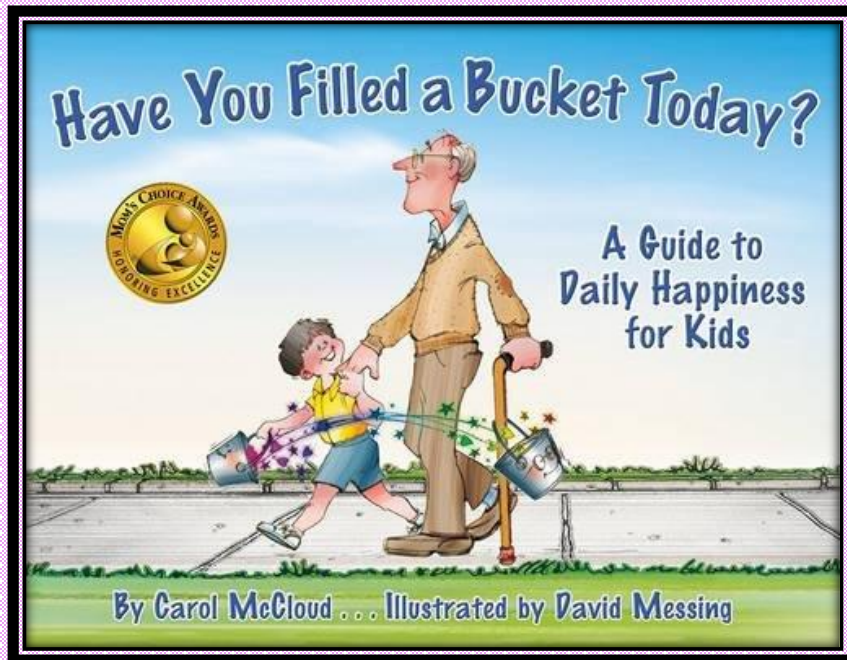


# Year 1 English

## Week 1



# Year 1 English

## Week 1

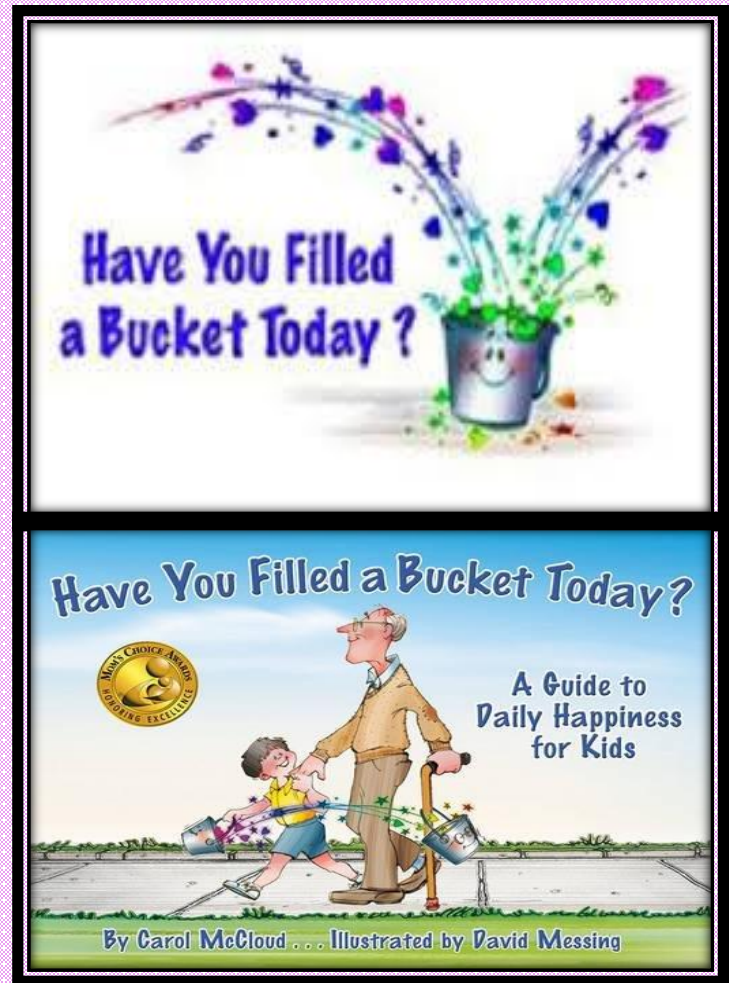
### Learning overview:

- **Day 1-** To listen to a story and create a picture of myself describing how I am feeling.
- **Day 2-** To design and create my own bucket and write a list of ways I can be a bucket filler.
- **Day 3-** To write kindness postcards.
- **Day 4-** To go on a gratitude scavenger hunt.
- **Day 5-** To create a dream catcher to catch my happy thoughts and dreams. Or/ and a mindfulness calm down bottle.

# Day 1

To listen to the story 'Have you filled a bucket today?' Draw a picture of yourself describing how you are feeling.

Day 1



Listen to the story 'Have You Filled a Bucket Today?'

Draw or paint a self portrait.

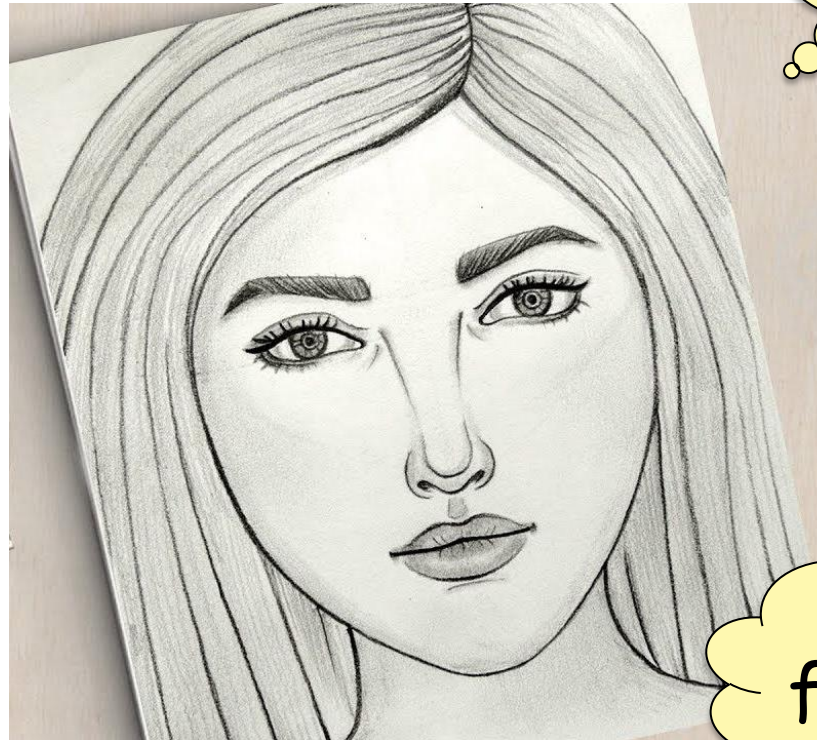
I used this video to help me with mine.



Write words to describe  
how you are feeling.

excited

worried



Happy

frustrated

Write a sentence to describe how you are feeling.

Excited

Worried

Happy

Sad

loved

Frustrated

Nervous

Hopeful

I feel \_\_\_\_\_ and \_\_\_\_\_

because \_\_\_\_\_