

# Gratitude

## SCAVENGER HUNT

**THE MUM EDUCATES**

-  Find something that is close to your heart.
-  Find something you enjoy playing.
-  Find something that keeps you healthy.
-  Find something that brings back good memories.
-  Find someone that makes you laugh.
-  Find something that smells amazing.
-  Find something that you are most grateful for.
-  Find something that you enjoy eating.
-  Find something that makes you smile.
-  Find something that you love to hug.
-  Find something that you like outside.
-  Find someone who has helped you.
-  Find someone you love to talk.
-  Find something of your favourite color.
-  Find something that is useful.
-  Find someone you are thankful to.
-  Find something that you love to share.
-  Find someone who makes you feel safe.
-  Find someone who did good with you.
-  Find something you like doing at night.

